TIBRO'S NETBALL CLUB

2021 JUNIOR HANDBOOK



Tibro's Netball Club c/o Glasshouse Mountains Sports Club, 902 Steve Irwin Way, Glasshouse Mountains QLD 4518



tibrosnetball1@gmail.com www.tibros.qld.netball.com.au facebook.com/TibrosNetballClub

CLUB CONTACT DETAILS

Club Address and Training Venue:	Tibro's Netball Courts, Glasshouse Mountains Sports Club 902 Steve Irwin Way, Glasshouse Mountains
Email:	tibrosnetball1@gmail.com
Website:	www.tibros.netball.asn.au
Facebook:	facebook.com/TibrosNetballClub <u>Please note</u> : this is our main method of communication
Playing Venue:	Caloundra District Netball Association Caloundra Stadium North Street, Caloundra

TIBRO'S NETBALL CLUB MANAGEMENT COMMITTEE 2020/2021

Position	<u>Name</u>	<u>Phone No</u>
President	Anna Guthrie	0427 711 074
Vice President	Mary-Lou Oliver	0424 753 723
Secretary	Julie Langridge	0457 408 137
Treasurer	Bianca Wenman	0430 901 863
Night Convenor - (<i>Ladies</i>)	Megan Scholes	0412 115 421
Night Convenor - (<i>Mixed</i>)	-	-
Junior Registrar	Dimi Young	0409 103 937
Publicity Officer	Tracey Charleson	0466 539 484
Umpire Convenor	Tiarn Sherry (Juniors)	047 776 669
	Pauline Chandler (Social)	0413 958 282
Coaching Convenor	Paula Byford	0411 204 286
Uniform Convenor	Jodie Stone	0407 639 415
Events/Fundraising Officer	Gabby Townsend	0402 557 361
Committee Members:		
Helen Fullerton	Tara Boutcher	Karen Boyle
Chloe Brown	Kellie Alcorn	

CLUB MEETINGS:

Tibro's Netball Club committee meet each month during netball season, times to be advised. Members welcome to sit in. <u>http://www.caloundra.netball.asn.au/</u>

WELCOME

Welcome to all our new and returning players as well as parents/guardians and thank you for joining Tibro's Netball Club for the 2021 season! We as a club, are here to ensure all our players have the best possible experience and enjoy playing netball. All our committee members have many years of experience in the exciting game of netball and we look forward to helping your child and you, have a wonderful and fulfilling experience in 2021.

If you have any concerns or questions at any stage during the year, please feel free to contact any of our committee members or your child's coach.

TIBRO'S MISSION

- a) To develop and train new skills in the game of netball.
- b) To encourage good sportsmanship and fair play.
- c) To involve parents so that they understand the game of their child's chosen sport.

REGISTRATION & FEES

Online Registration	Our Club's registrations are now managed online using the NETBALL CONNECT system. For more information or links to register, please visit our website, Facebook page or email us at <u>tibrosnetball1@gmail.com</u>
Online Registration Open Date	25 January 2021
Proof of Age	The Junior Registrar, President or Vice President may request to sight a copy of the players birth certificate or passport to confirm proof of age.
Age Groups & Fees	 The 2021 Season fees are as follows: 7-10s (NetSetGo) \$250 11s & Up (Junior Competition) \$260
	Minimum deposit at Sign-On \$120 All fees must be paid in full by 21 st March 2021.
	NOTE: No player will be permitted to take the court if full fees are not received by cutoff date, unless a prior payment arrangement has been confirmed with the Executive Committee via email.
We're a FairPlay activity provider	 We are a 'FairPlay' activity provider Voucher numbers must be referenced when completing the online registration and emailed to the club secretary for processing. Failure to supply a copy of your voucher may render you as non-financial

PAYMENTS - REGISTRATIONS

Credit Card	Via Online Registration Netball Connect only (2.5% processing fee + 30c Transaction)

Direct Deposit Via Online Registration Netball Connect only (1.5% one off processing fee + 30c Transaction)

SKILLS & DRILLS – NETSETGO & U11

- Registered players aged 7-10years of age (turning in 2021), participating in NetSetGo will be placed in teams according to age and friendships/previous teams.
- Registered players playing in Under 11s will be placed in teams according to age, ability/friendships/previous teams.
- The only exception to the above will be if the number registered in any age group does not permit more than one team.

Age (turning in 2021)	Year of Birth:	Come & Try	Skills & Drills	Skills & Drills
			Season 1	Season 2
7 – 11 Years	2014 - 2010	Thursday 4 th	Thursday 11 th	Thursday 18 th
		February	February	February
		4 – 5pm	4 – 5pm	4 – 5pm

GRADING – U12s & DIVISIONAL TEAMS

Tibro's Netball Club will grade all players in the U12s and junior divisional competition (13-18 Years) into teams according to skill level, ability, positional dynamic, sportsmanship, attitude, and commitment. Selections will be made over two (2) grading nights.

Age (turning in 2021)	Year of Birth:	Skills & Drills Season	Grading 1	Grading 2
12 Years + (including 18	2009 - 2003	Thursday 11 th	Wednesday 17 th	Thursday 18 th
years if still attending		February	February	February
school)		5:30 – 7pm	5:30pm – 7:30pm	5:30 – 7:30pm

*Team announcements and team training to commence from Monday 23rd February 2021.

TRAINING

- Team training sessions are held at Tibro's Netball Club court, 902 Steve Irwin Way, Glass House Mountains.
- Training day and time will be determined by your coach.
- Training is held every school week. Generally, there is no training held during school holidays, however, please confirm this with your Coach as some teams may choose to train during the holidays.
- Your team will train even if you have a bye or no game that weekend.

GAMES

Caloundra District Netball Association Season Opener:

Time:	Saturday 13 th March 2021
March Past:	7:30am for 8am
Games:	Grading Round-Robin 1
Venue:	Caloundra Indoor Stadium, North Street, Caloundra

All players must be in full uniform on this day.

Competition Times:	Games on Saturdays start at 8am.	
	Times will be confirmed on issue of the draw by CDNA and will be available on the Live	
	Score app	
CDNA Grading	CDNA will conducted grading for U11s, U12s and Divisional teams over 2 weeks of	
	round-robin play. This is to ensure that teams are placed in the correct grade.	

Please note: All players must be in club uniform, <u>NO jewellery</u> of any sort may be worn and nails are trimmed short prior to taking the court.

WET WEATHER

Training	If training is cancelled, your Coach / Manager will notify the team. The courts can become slippery in wet weather and pose a safety hazard. Ring your Coach if you are unsure.
Games	 If games are cancelled, then the following will occur: A notice will be posted on the CDNA Facebook page A notice will be posted on the Tibro's Facebook page Tibro's President will notify the Coaching Convenor Tibro's Coaching Convenor will contact all Coaches Coaches will contact players. You will be notified within minutes of the cancellation decision being made.
	If you have not been contacted, then please assume games are on and proceed to the courts.

TEAM PHOTOS

Team and individual photos will be scheduled during the season. All teams will be given a timeslot for their team and individual photo closer to the time.

PRESENTATION DAY / EVENING

Tibro's Netball Club holds a presentation day at the end of each season to reward the achievements of the players and recognise the effort of the committee members, coaches, managers, umpires and supporters.

This is scheduled for the afternoon of Saturday September 18th (this will be confirmed).

UNIFORMS & ACCESSORIES

Our club uniform is compulsory and includes a Tibro's A-line dress, club bike shorts (or your own plain black), club socks (or white/black socks only) and appropriate sports shoes.

Please note: CDNA require bike shorts to be shorter than the dress.

Items can be purchased at the Club Open Day, Skills & Drill Sessions and at Grading Sessions. Outside of these times, please contact the uniform convenor (Jodie Stone) directly to arrange. Order forms are available on our webpage or at the club.

Tibro's Dress	\$70.00
Tibro's Bike Shorts	\$35.00
Tibro's Socks	\$12.00
Tibro's Hoodie	\$60.00
Tibro's Visor	\$25.00
Tibro's Soft Visor	\$10.00
Tibro's Scrunchie	\$6.00

☆Secondhand options may be available

PAYMENTS - UNIFORMS

Cash

Cash payments for uniforms can be made to the Club's Treasurer (Bianca Wenman), our Uniform Convenor (Jodie Stone), Secretary (Julie Langridge) or President (Anna Guthrie).

PLEASE NOTE: To help ensure cash payments are tracked and receipted properly for auditing purposes, cash payments for uniforms will only be accepted by those stipulated above. We apologise for any inconvenience and thank you in advance for your understanding.

Direct Deposit Account: Tibros Netball Club BSB: 014507 Account: 186292231 Please reference: Initial, Surname and Uniform (i.e. 'J.Smith Fees')

CALOUNDRA DISTRICT JUNIOR COMPETITION CALENDAR

Match Past and Round Robin 1	Saturday, March 13
Round Robin 2	Saturday, March 20
Round 1	Saturday, March 27
Easter Holidays	
Round 2	Saturday, April 24 th
Round 3	Saturday, May 8 th
Round 4	Saturday, May 15 th
Round 5	Saturday, May 22 nd
Round 6	Saturday, May 29 th
Round 7	Saturday, June 5 th
Round 8	Saturday, June 12 th
Round 9	Saturday, June 19 th
Winter Holidays	
Round 10	Saturday, July 17 th
Round 11	Saturday, July 24 th
Round 12	Saturday, August 7 th
Round 13	Saturday, August 14 th
Round 14	Saturday, August 28 th
Semi Final	Saturday, September 4 th
Preliminary Final	Saturday, September 11 th
Grand Final	Saturday, Saturday 18 th

2021 CARNIVAL DATES

- All carnivals are optional.
- Coaches together with their teams will decide together if they'd like to attend any of the carnivals.
- As a club we encourage team participation at carnivals as this is a great way for the teams to bond and play against different teams.
- Fee of \$22/player to cover entry fees and umpiring costs.
- ***please note these dates below can change and we will advise of any changes.

Sunshine Coast	Sunday, May 2 nd 2021	Junior
Pine Rivers	Sunday, May 16 th 2021	Modified
Nambour		
Nambour		
Pine Rivers	Sunday, July 4 th 2021	Junior
Noosa District		
Caboolture	Sunday, July 25 th 2021	Junior
Caloundra	Sunday, August 8 th 2021	Junior
***Please note: Parent particip	pation required at the Caloundra Carnival to assi	ist with BBQ duty as this is one of our
fundraising days.		

SUPPORT FOR CALOUNDRA, OFFICIALS AND TIBRO'S

- Tibro's Netball Club committee supports the actions and decisions of officials and the executive committee
 of Caloundra District Netball Association (CDNA). We request that our club officials, players,
 parents/guardians and supporters to also give their support. Without this volunteer committee there would
 be no Caloundra Association for us to participate in.
- Support of all umpires and their on-court decisions is essential, especially to junior umpires learning their new skills. If there is a concern during the game, notify the main desk immediately.
- All communication to Caloundra District Association is to be sent via the **Tibro's Club Secretary**.
- If a team is planning to protest, the opposing team captain must be notified at the end of the game of their intentions. The protest is to be issued via email through the **Tibro's Club Secretary**.

News from Caloundra District Netball Association (CDNA) - General Rules

- Keep grounds tidy at all times USE RUBBISH BINS provided
- Any team that knows they will forfeit their game before Saturday must contact the Association so that the opposing team can be notified.
- NO RUNNING allowed around the perimeter of the courts.
- Please Keep the pathways clear for access around the courts.

Basic Competition Rules

- All players must be registered through Live Score BEFORE they play.
- If a club enters two or more teams in one division, those teams will not be able to draw players from their other club teams in the same grade.
- No player may play in a lower grade than the one in which she was originally registered.
- A player from a lower grade may play in higher grade, in accordance with the CDNA Bylaws clause 8.2, for no more than four (4) games in total throughout the season.
 - Penalty for more than four games; game will be deemed a forfeit.
 - It is the *Club's responsibility* to keep a record of how many times a player has played in a division higher than in which he/she is registered.
- In finals, a team may play a player from a lower grade provided they have played two (2) games with the Club during the season.
- <u>No</u> jewellery to be worn whilst playing (includes plastic hair combs) NO EXCEPTIONS.
- Nails to be cut NOT TAPED.
- Hair must be suitably tied back

Umpiring

- Netball umpiring is not just about enforcing the rules. It is an integral part of the netball community.
- Umpires help keep the game safe, fair, and fun for everyone.
- Not to mention developing personal skills such as communication, resilience, confidence, and leadership.
- Tibro's is required to provide umpires to CDNA to assist with the running of the competition no umpire, no game.
- We welcome interest from players, siblings, parents or others in becoming umpires. Please email the club at <u>tibrosnetball1@gmail.com</u>
- Those aged 12 years and over are encouraged to undertake the basic umpire training course provided by CDNA.

BBQ Duty (Covid Pending)

- Every club has a BBQ duty day during the season. Tibro's BBQ duty day has been scheduled for the Saturday, July 24th, 2021.
- BBQ Duty day responsibilities include purchase of stock, set up and pack down of BBQ area; gazebos, BBQ/gas and tables, cooking and selling BBQ items (Bacon & Egg Rolls, Sausage in Bread) and host the bake sale stand.
- BBQ duty day is also a great opportunity to fundraise for our club. Your help on this day is appreciated! A roster, per team, will be provided to your team manager closer to the day.
- Tibro's Netball Club will also be required to have a group of volunteers at the Canteen on Caloundra Carnival day.

CDNA REPRESENTATIVE NETBALL

- CDNA representative trials are held in the early new year.
- CDNA typically holds a player development program prior to trials for girls looking to join in U12s.
- Further details can be found on the CDNA webpage or Facebook page.

CLUB ROLES AND RESPONSIBILITIES

The Committee

• It is the committee's responsibility to govern the club and ensure a safe, inclusive, and fair play environment for children to play grassroots netball. Details of current Committee Members and their contact details can be found in the front of this booklet, on our webpage and Facebook page.

<u>Players</u>

- Tibro's Players shall, to the best of their ability, uphold the Tibro's Code of Conduct (see page 10 and full code of conduct document on our webpage), and must maintain a standard of behavior and conduct that is in the best interests of the game.
- Tibro's is an inclusive environment free from bullying and harassment allowing all players to participate in the game of Netball in a fair and inclusive environment.
- Each team will have a nominated team captain for each game. It is the captain's responsibility to call timeout if a player is injured, to speak to the umpire respectfully on behalf of the team if there is an issue during the game.
- ON GAME DAY arrive 30 minutes prior to your game time to allow sufficient time to warm up together as a team. Bring a full water bottle. If playing outside, unsure you have sunscreen on, and a club visor is recommended. All jewelry should be removed, and nails trimmed prior to arrival.
- Players must be registered in LIVE SCORE prior to taking part in any Netball match.

<u>Coaches</u>

- In accordance with the CDNA Coach Accreditation Policy all Coaches must have a minimum current Foundation Netball Queensland Coaching Accreditation to coach.
- Tibro's Coaches shall uphold the Coaches Code of Conduct and must maintain a standard of behavior and conduct that is in the best interests of the game and the players in their care.
- Coaches are not permitted to enter the court of play while any match is in progress and must remain in the designated Team Bench area at all times, other than during the breaks.
- Coaches are not permitted to approach, abuse, or question the decision of the umpire. In the event of
 concerns over the umpire's management of a match or their behavior a CDNA Umpire Supervisor may be
 requested. The Supervisors can be located at the front desk.
- It is the coach's responsibility to maintain team discipline and to instruct the players to play within the rules and spirit of the game at all times.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Teach and explain the rules of the sport.
- Avoid over-playing the talented players. The "just average" players need and deserve equal time.
- Remember children participate for the fun and enjoyment and that winning is only part of their motivation
- Ensure equipment and facilities meet safety standards.
- Develop team respect for the ability of opponents as well as for the judgement of officials and opposing coaches.
- Follow the advice of a physician when determining when an injured player is ready to recommence training or competition.
- Make a personal commitment to keep yourself informed of sound coaching principles and principles of growth and development of children.
- Avoid use of derogatory and abusive language.

Every year we need to fill coaching positions for around 11 teams. If you are interested in coaching please make sure to indicate this during the registration process. Parents and players are encouraged to register as coaches. There will be training and lots of support during the season. If you have any questions regarding coaching, please contact our Coaching Convenor, Paula Byford.

Team Manager

- Every team needs a Team Manager (parent volunteer). Team Managers arrange the distribution of club information to team players/parents. The Team Manager is also responsible for the management of all rosters around parent assistance with scoring, and other activities requiring parent volunteers; i.e. BBQ duty etc.
- Team Managers from time to time will be asked to collect funds from their players for team photos, carnivals, raffles etc. Once all members are marked off, team funds can then be passed onto the treasurer or president.
- Team Managers are not permitted to enter the court of play while any match is in progress, they must remain behind the yellow line and are not permitted to approach or question the decision of the umpire at any time.
- Team Managers require a Blue Card.

Parent/Guardian

- One of the key factors in the success of a netball club is the willingness of players, parents/guardians and supports to get involved and strengthen the Club.
- Parents/Guardians and spectators are encouraged to support club functions, assist with fundraising and sponsorship, encourage all players and teams and where appropriate assist with Coaching, Team Management, Scoring and Umpiring duties.
- All parents/guardians/spectators of players registered with CDNA and Tibro's Netball Club are expected to adhere to the Codes of Conduct as outlined on page 10 and on our website. Please read these codes carefully.
- Parents are welcome and encouraged to attend games and cheer on their child and their team. However, please refrain from coaching from the sidelines or during the break. This is not only confusing for the players but can be seen as disrespectful of the coach.
- Remember CDNA and Tibro's Netball Club are run by volunteers, who give their time freely to ensure your child has the opportunity to participate in this sport.

GENERAL INFORMATION

It is the responsibility of each parent/player to keep themselves informed of game dates and times on a weekly basis. Occasionally changes are made to game schedules, and generally your team coach/manager will advise you via Facebook group message, email or text, but it is also advised to check the CDNA website each Friday prior to the game (click on 'Fixtures' tab / 'Fixtures & Results' / choose 'Grade'/ 'Download this fixture').

We are a volunteer-based club. For the Club to function successfully, input from parents, friends and families is required. Your involvement and support is welcomed and may include your time, knowledge, sponsorship or other support to a team or the club. Your suggestions for development and improvement of our Club are encouraged and can be communicated to the Management Committee.

APhoto's may be taken from time to time, for use on our social media and/or webpage. Please contact Tibro's via email if your child needs to be exempt from publications.

CODES OF CONDUCT

- It is important for all players, parents, and supporters of Tibro's Netball Club to understand our Codes of Conduct. Our Codes of Conduct are in place to protect and support our players, coaches, managers, umpires and all members of our club and the association. We appreciate you taking the time to read and understand the below.
- Tibro's Netball Club follows the Codes of Conduct set out by our governing bodies, CDNA and Netball Queensland.

Players Code of Conduct

- PLAY BY THE RULES AT ALL TIMES.
- NEVER ARGUE WITH GAME OFFICIALS. If you disagree with or are unclear on a decision, have your captain, coach or team manager approach the office during a break or after the game to seek clarification. Make sure you know what the rules are because often not knowing the correct or current rules can cause frustration and unrest.
- SHOW RESPECT FOR YOUR COACH. All coaches freely volunteer their time to assist players to develop their netball skills. Without them there would be no team.
- BE A GOOD SPORT AT ALL TIMES. Applaud all good play whether it is a by your team or the opposition.
 Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- SOCIAL MEDIA BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS; be positive and treat all
 with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or
 to bring your Netball Club or the game of Netball into disrepute.
- DO NOT INTERFERE WITH, INTIMIDATE, BULLY OR TAKE UNFAIR ADVANTAGE OF ANY OTHER PLAYER. Treat all players with respect.

I have read the Players Code of Conduct and understand that any breech of the code may result in but is not limited to:

- a) A written warning, or
- b) Dismissal from the club

Parents and Spectators Code of Conduct

- SHOW RESPECT FOR ALL COACHES AND CLUB OFFICIALS. Remember that all positions are unpaid and the club would not exist without our volunteers. Abuse or intimidation will not be tolerated from players, parents or spectators. Parents are expected to model the behaviour we want of our players.
- NEVER ARGUE WITH A GAME OFFICIAL. This is not acceptable behaviour at a game and not the example we
 want to set for our players. If you have any concerns or questions, please raise these with the coach or
 team manager after the game.
- ENCOURAGE PLAYERS to always participate according to the rules.
- NEVER RIDICULE OR ABUSE ANY PLAYER, particularly for making a mistake or losing a game.
- SOCIAL MEDIA BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS; be positive and treat all
 with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or
 to bring your Netball Club or the game of Netball into disrepute.
- MODEL APPROPRIATE BEHAVIOUR TO ALL. Applaud good plays by all players and encourage all players. Children learn best from examples and remember that children are involved in the sport for their enjoyment, not yours. FOCUS ON EFFORTS AND PARTICIPATION rather than the outcome and teach children that an honest effort is as important as a victory. This will assist in setting goals related to ability, by reducing undue disappointment and the emphasis on winning.
- If children are interested, encourage them to participate. If they're not willing or not interested, don't force them or they may never learn to enjoy the game.

I have read the Parent's Code of Conduct and understand that any breach of the code may result in but is not limited to:

- a) A written warning, or
- b) A ban on my attendance at training sessions and/or games, or
- c) My child being dismissed from the Club.

Any such actions will be at the discretion of the Executive Committee of the Tibor's Netball Club, and in the event of dismissal there will not be any reimbursement of membership fees.

Tibro's Netball Club would like to thank our 2020 Team Sponsors for sticking by us during these unprecedented times, we are forever grateful for their support. We encourage our members to continue to support them with your patronage.

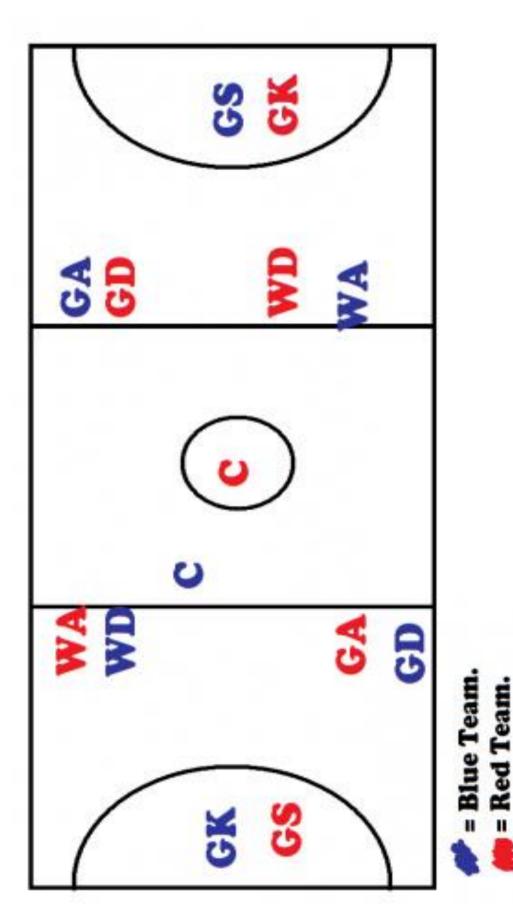
TEAM			TEAM SPONSOR
Garnets	Coaches Award	Most Determined	Adjust to Life Chiropractic
Set 2	Lilliana Simpson	Sarah Kluver	
Opals	Coaches Award	Best and Fairest	Glasshouse Country Kitchen
Set 1	Peyton Adamson	Sophie Doyle	
Rubies	Coaches Award	Most Improved	TFM Awards
Go Div 1	Maddison Mahoney	Eadie Townsend	
Pearls	Coaches Award	Most Improved Angelica	Bassett Barks
U/11 Div 2	Kirra Heaton	Bridgwater	
Ambers	Coaches Award	Most Determined	Follow Me Hair Fashions
U/11 Div 1	Lily-Anne Cittolin	Lily Boyle	
Sapphires	Coaches Award	Most Improved	Bassett Barks
U/11 Div 1	Annika Lowry	Carys Jones	
Jaspers	Coaches Award	Most Improved	Beerwah Newsagency
Div 8	Makayla Gainsford	Tiffany Giesen	
Topaz	Coaches Award	Most Consistent	Neddy's Nosebag
Div 7	Sophie Vortman	Erin Guthrie	
Moonstones	Coaches Award	Most Determined	Bassett Barks
Div 4	Taneika Alley	Ruby Smith	
Emeralds	Coaches Award	Most Improved	Adore You Photography
Div 3	Adelie Tomokino	Lilli-Jean Cruise	
Onyx	Coaches Award	Most Improved	G'House Pizzeria
Div 2	Alanna Everden	Ruby Wilkes	

If you are interested in becoming a sponsor for the 2021 trophies or would like to know more about what is involved, please contact a member of the executive committee.

10 Year Awards			
Alanna Everden	Dessi Medhurst		

NETBALL TEAM POSITIONS

A complete team in netball consists of one player in each of the seven player positions.



Goal Shooter (GS):

The GS's main job is simply to score goals.

They are only allowed in the attacking third and the goal circle.

The GS must have sharp shooting skills, react quickly, dealing with passes and rebounds.

Goal Attack (GA):

The GA's primary role is scoring and setting up goals.

They play in the centre third, attacking third and the goal circle only.

Their main duty is to feed the ball to the GS so they can fire the ball into the net close to the post.

The GA must have both strong passing and shooting skills.

Wing Attack (WA):

The WA is one of the key playmakers of the netball court.

It is their job to create as many goal scoring chances as possible by passing the ball to the shooters.

The WA can move in the attacking and centre thirds but nowhere else.

The WA must have solid passing and collecting skills, good footwork and the ability to open up space on the court.

Centre (C):

C's are able to move in the whole court, except for the goal circles.

They must help out in defence and attack.

They are mainly relied upon to shift the ball away from the defensive area into attack.

C's also restart the game each time a goal has been scored.

They do this by making a pass from the centre circle.

The C is the engine of the team, so they must be quick and creative with their passing.

Wing Defence (WD):

The WD can go into the centre and defensive thirds only. Their main job is to stop the ball reaching the opposition's goal circle. They must intercept passes and feed them back to the attacking areas. The WD must be focused and good at controlling the ball.

Goal Defence (GD):

The GD patrols the defensive third, the goal circle and the centre third.

Their main job is to stop the opposition from scoring and to get the ball out of the danger area! They must have good skills of anticipation so they can block passes and get the ball out to their own attacking players.

Goal Keeper (GK):

The GK is the last line of defence and fiercely protects their goal post. They guard the goal circle and the defensive third and must stop the GS from scoring. They must stay alert so they can collect rebounds off the post and intercept passes. GK's are also responsible for taking throw-ins from the goal-line.



